

Advanced Family Chiropractic
“Advanced Chiropractic Care for the Whole Family”
219 West Main Street
Montour Falls, NY 14865

Phone 607-535-7080

Robert H. Berry D.C.

Fax: 607-535-7007

CASE STUDY

Management of Post Traumatic Fibromyalgia in a Female Undergoing Subluxation Based Chiropractic Care for 15 Years

Lafayette Briggs DC Bio

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Abstract

Objective: To report on the improvement of fibromyalgia related symptoms in an adult female undergoing chiropractic care to correct vertebral subluxations.

Clinical Features: A thirty six year old female presented for chiropractic care due to injuries sustained in a motor vehicle accident three days prior. Objective indicators of vertebral subluxation were identified upon physical examination and radiographs.

Interventions and Outcomes: The patient was seen over a 12 week period with varying frequency. She responded well to care; therefore she was placed on a long term maintenance plan. The care plan consisted of a combination of chiropractic adjustments (CMT) and physical therapy.

Conclusion: The case of an adult female with fibromyalgia related symptoms is presented following a motor vehicle accident. Dramatic improvement in symptoms related to fibromyalgia is noted following the introduction of chiropractic care concomitant with a reduction in vertebral subluxation. More research on the benefits of chiropractic in those with fibromyalgia is warranted.

Key Words: *Fibromyalgia, chiropractic, adjustments, manipulation, vertebral subluxation*