



Advanced Family Chiropractic
“Advanced Chiropractic Care for the Whole Family”
219 West Main Street
Montour Falls, NY 14865

Phone 607-535-7080

Fax: 607-535-7007

Robert H. Berry D.C.

Today's Wisdom

DO IT ANYWAY

People are often unreasonable, illogical, and self-centered; Forgive them anyway.

IF you are kind,

*People may accuse you of selfish, ulterior motives;
Be kind anyway.*

*IF you are successful, you will win some false
friends and some true enemies; Succeed anyway.*

*If you are honest and frank, people may cheat you;
Be honest and frank anyway.*

*What you spend years building,
Someone could destroy overnight;
Build anyway.*

*IF you find serenity and happiness, they will be
jealous; Be happy anyway.*

*The good you do today, people will often forget
tomorrow; Do good anyway.*

*Give the world the best you have, and it may never
be enough; Give the world the best you've got
anyway.*

*** In the final analysis... It was never between
you and them anyway.*

(unknown)